



HAZIA.K.KHAN COLLEGE

ESTD : 2008

P.O + P.S.- Hariharpara . Dist.-Murshidabad Pin-742166

Website: www.haziakkhancollege.ac.in E-mail Id : haziakkhancollege@yahoo.com

E-mail Id: haziakkhancollege@gmail.com

Mob:

International Yoga Day Celebration

2022 - 2023:

Organized by:

Department of Physical Education, Hazi A. K. Khan College in collaboration with the Internal Quality Assurance Cell (IQAC) of Hazi A. K. Khan College.

Date: 21.06.2023

Time: 11.30 A.M

Venue: Hazi A. K. Khan College

Description of Event:

On June 21, 2023, Hazi A. K. Khan College celebrated International Yoga Day with great enthusiasm and participation from students. The event aimed to promote physical, mental, and spiritual well-being through the practice of yoga and raise awareness about its benefits.

The event commenced with an inaugural ceremony presided over by Dr. Goutam Kumar Ghosh, Principal, Hazi A. K. Khan College, the event was graced by the presence of IQAC Co-Ordinator Dr. Krishnendu Munshi, Dr. Pulokes Mandal, Secretary of Teachers Council (TCS) and other faculty of the college, where the significance of yoga in maintaining a healthy lifestyle was emphasized. A lamp lighting ceremony marked the beginning of the event, symbolizing the light of knowledge and inner peace.

Mr. Sanjit Kumar Roy, Teacher of Physical Education conducted various yoga sessions throughout the day, catering to different skill levels and preferences. Participants were guided through a series of asanas, pranayama, and meditation techniques, promoting relaxation, flexibility, and stress relief.


Principal
Hazi A.K Khan College
Hariharpara, Murshidabad



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The International Yoga Day celebration at Hazi A. K. Khan College was a resounding success, fostering a sense of community, harmony, and well-being among students, faculty, and staff. Through a diverse range of activities and workshops, the event not only promoted the physical benefits of yoga but also emphasized its profound impact on mental and spiritual health. By embracing yoga as a way of life, the college reaffirmed its commitment to nurturing holistic development and promoting a culture of wellness on campus.

The success of this event would not have been possible without the collective effort and dedication of the organizing committee, volunteers and participants. Their enthusiasm and commitment contributed immensely to making the International Yoga Day celebration a memorable and enriching experience for all involved.


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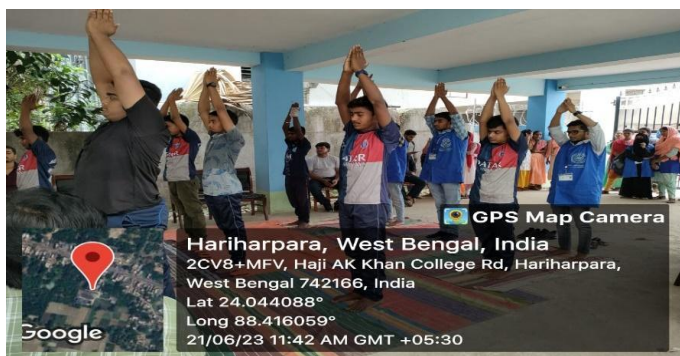
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Photo Gallery:




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Notice


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E-mail Id: haziakkkhancollege@gmail.com Mob:

Memo No.:
From: Principal Date: 27.05.2023

NOTICE

It is hereby notified to all the students and faculty members of Hazi A. K. Khan College that the Department of Physical Education in collaboration with IQAC, Hazi A. K. Khan College is going to organize the "International Yoga Day" which is scheduled to be held on 21.06.2023 at the college ground. So, all are requested to be present at the college at 12: P.M to take a part in the Yoga Day Celebration positively.




Principal
Hazi A. K. Khan College
Hariharpara, Murshidabad

Prepared by Alauddin Biswas


Principal
Hazi A.K Khan College
Hariharpara, Murshidabad



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Participation List

HAZIA. K. KHAN COLLEGE
Hariharpara, Murshidabad
International Yoga Day Celebration

Date: 21.06.2023 Session: 2022-2023

Attendance Sheet

Sl.No.	Reg. No	Name of the students	Signature
1.	058399	MD MASUD SK	md masud sk
2.	058400	MD AINUL ISLAM	Md. Ainul Islam
3.	058402	RABIUL SHAIKH	Rabiul Shaikh
4.	058404	RAJIB MONDAL	Rajib Mondal
5.	058405	ROMIO SEKH	Romio Sekh
6.	058406	SAMIUL ALAM	Samiul Alam
7.	058407	SELIM MANDAL	Selim Mondal
8.	058409	YUSUF ALI	Yusuf Ali
9.	058410	ASHIA KHATUN	Ashia Khatun
10.	058413	MAMOTAJ KHATUN	Mamotaj Khatun
11.	058419	SOHANA PARVIN	Sohana Parvin
12.	065467	TASNIM NURANI	Tasnim Nurani
13.	058399	MASUD	Masud
14.	058496	SAMIMA SULTANA	Samima Sultana
15.	058499	SOBHANA KHATUN	Sobhana Khatun
16.	058502	SONALI ANSARY	Sonali Ansary
17.	058507	TANIMA HALDER	Tanima Halder
18.	058508	URFATON KHATUN	Urfaton Khatun
19.	058463	AMINA KHATUN	Amina Khatun
20.	058467	ARSHIDA KHATUN	Arshida Khatun
21.	058471	BIPASHA KHATUN	Bipasha Khatun
22.	058472	FATEMA KHATUN	Fatema Khatun
23.	058474	IRIN PARVIN	Irin Parvin
24.	058477	MISTU MONDAL	Mistu Mondal
25.	058478	MST ASIMA KHATUN	Mst. Asima Khatun
26.	058479	MST AYESHA SIDDIKA	Mst Ayesha Siddika


Principal
Hazi A.K Khan College
Hariharpara, Murshidabad